

5k Course Turn by Turn with accessibility notes

(This is the Cortland YM Rock around the Block route)

*Safety concern – no one should be in the road on Madison

From Start line/Park Rd

Right on Madison

Left on Woodruff (no curb cuts; sidewalks not accessible)

Right on Groton (heavy traffic; extra support from volunteers or police) –
Fran Pizzola Party Zone in Plan First parking lot

Right on Floral (sidewalk not accessible)

Left on West Main

Left on Parker (extra support needed for this intersection)

Right on Madison

Right on Mildred (no sidewalks)

Left on Cowance (no sidewalks)

** Turn around just before Yong St, go back down Cowance St. – water

Left on Mildred (no sidewalks)

Right on West Main (police presence needed at intersection of Mildred & W
Main)

Left on Banks

Right on Evergreen (no curb cuts, not accessible, need extra
volunteers/bicycles on this street)

Right on Copeland

Right on West Main

Left on Hamlin (police presence needed at intersection of W Main &
Hamlin) Hamlin is not accessible

Left on Madison (need extra volunteers here)

Left on Park Rd – back to finish (last .1)